THE ITALY INSIDER

MENU NEWSLETTER



NATURE ESCAPES TO WITNESS THE AUTUMN **COLOURS**

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Written by The Italy Insider

From simply admiring the warm coloured hues from a panoramic pool to venturing into untouched nature on a leisurely stroll or guided e-bike, Autumn is the ultimate season to enjoy the spectacle of our earth. Not only is it a feast for the eyes, but also for our stomach: some of the best culinary products are harvested during this seasons: pumpkins, truffles, butternut squash, carrots and more. Here is our selection of locations to visit this fall, to infuse yourself with only the very best of what this season has to offer.



CASTELFALFI, TOSCANA
Castelfalfi is a historic village nestled among an untouched nature between Florence, San
Gimignano, and the Tyrrhenian Coast. Here lies the Castelfalfi Resort, a superb destination to admire the spectacle of autumn foliage. In the 25 hectares of vineyards where native and international grape varieties coexist, the wines of the Castelfalfi Estate are born. Respect for the vineyard and diversity of each parcel have led to the adoption of an organic approach as the values and diversity of each parcet have red to the doubtion of an organic approach as the basis for careful and regenerative agriculture. In the winery and the barrique cellar, where each variety is vinified and aged separately, Castelfalf's wines evolve until they reach a perfect balance. With the support of experts, it is possible to taste the wines, which can also be purchased at the Wine Shop. WEBSITE



Exteriors at Castelfalfi